Discounted Counseling

Please note the following items:

(1)For the convenience of Denver Seminary students, the Student Life Department provides this list of area counselors/therapists who have indicated to the Seminary that they are willing to offer their services to Seminary students at a reduced cost. In providing this list, Denver Seminary is not giving medical advice, making referrals, or making recommendations about individual area providers included on the list.

(2)Students on Medicaid are required to see only Medicaid providers. It is against federal law for counselors who do not accept Medicaid to see a client on Medicaid. If you are on Medicaid, please see the section specific to Medicaid providers or find a provider here:

healthfirstcolorado.com/find-doctors/

(3)Clinical Mental Health Counseling students are required to meet with a counselor as part of their program. This counselor must hold one of the following licenses: LPC, LCSW, LMFT, or Licensed Psychologist. If you are a counseling student, please be aware that you are choosing a provider from this list at your own risk. Please refer to the Personal Formation manual for more information about the Personal Counseling Requirement.

(4)The Seminary encourages students to make their own decisions about whether a provider is a good option for them and can provide the particular services that a student may seek.

(5)The Student Life Department does our best to make sure information is up-to-date, however, information for each individual provider may change without our knowledge – to include pricing information.

Table of Contents

Licensed Professionals p. 3 - 8

Unlicensed Professionals p. 9 - 11

Christian Counselors of Color p. 12 - 13

Counseling Centers and Life Coaches p. 14

Licensed Professionals

A Licensed Clinical Social Worker (LCSW), a Licensed Marriage and Family Therapist (LMFT), and a Licensed Professional Counselor (LPC) must hold a master's degree in their profession and have at least two years of post-masters supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have at least one year of post-doctoral supervision.



Josiah Greever, LPC, NCC (License #0018151)

Education: Denver Seminary (2019)

Frequently works with: Individuals, Couples, Veterans

Specialties: Trauma (EMDR), Anxiety, Sex/Porn Addiction, Spiritual Issues, Men's Issues,

Relationship/Couples Issues

Location: Lakewood

Session Price:\$90 while client is still a student (no session limits)

Website: greevercounseling.com

Contact: josiah@greevercounseling.com, (720) 446-8439

Ryan Espinoza, LPC (License #11972) Education: Denver Seminary (2009)

Frequently works with: Young adults, veterans

Specialties: Anxiety, depression, life transitions, self-esteem, Seminary life

Location: Virtual only

Session Price: \$45 per session while client is still a student

Website: ryanespinozacounseling.com

Contact: ryan@ryanespinozacounseling.com, 720-989-1905

Mary Flack, LPC (License #5689)

Education: University of Phoenix (2004)

Frequently works with: Adults, couples, families

Specialties: Anxiety, depression, marriage, pre-marital

Location: Denver

Session Price: \$90 per session indefinitely while client is still a student

Website: maryflackcounseling.com

Contact: maryflack7@comcast.net, 303-956-9390

Ashley Gray, LCSW (License #9926910)

Education: Colorado State University (2017)
Frequently works with: Adults, couples

Specialties: Anxiety, pre-marital, trauma/EMDR, people pleasing, emotionally avoidant,

attachment work Location: Arvada Price: \$90 per session

Website: www.empoweredtherapycolorado.com

Contact: ashley@empoweredtherapycolorado.com, 828-771-6428

Lindsey Harrell, LPC (License #14262) Education: Denver Seminary (2015)

Frequently works with: Children and adults

Specialties: Trauma and abuse, EMDR, anxiety, depression, self-esteem

Location: Denver

Price: \$75 per session indefinitely while client is still a student

Website: www.cohesionwellness.com

Contact: lindsey@cohesionwellness.com, 720-767-3277

David Hay, LPC, MDiv (License #572)

Education: Oral Roberts University (1992)

Frequently works with: Teens, adults, couples, families

Specialties: Anxiety, depression, marriage, premarital, post-divorce, trauma, grief & loss

Location: Highlands Ranch

Price: \$70 per session, accepts forms of insurance

Website: centus.org

Contact: dhay@centus.org, 303-699-6634

Kim Jones, LPC (License # 5428)

Education: University of Colorado (1997) Frequently works with: Adults, couples

Specialties: Relationships, anxiety, depression, grief, trauma, pre-marital, post-divorce,

parenting

Location: Littleton

Session Price: \$40-95 per session for up to 10 sessions

Website: directivescounseling.com

Contact: Kim@directivescounseling.com

Emily Kahn, LPC, LAC (LPC #15258, LAC #1098)

Education: Denver Seminary (2016)

Frequently works with: Adults, college age, emerging adults, young professionals,

women

Specialties: Anxiety, stress, spirituality, life transitions, addiction, women's issues

Location: Mainly available virtually, occasionally available in Parker

Price: \$35 for up to 10 sessions Website: threefoldcounselingco.com

Contact: threefoldcounseling@gmail.com, 303-416-5141

Allison Lenhart, LPC (License #13660) Education: Denver Seminary (2014)

Frequently works with: College students, adults, parents, women, young women Specialties: Anxiety, depression, self-esteem/self-worth, trauma, childhood abuse,

parent coaching Location: Denver

Price: \$30 - 50 per session while client is still a student if student is insured

Contact: alenhart.counseling@gmail.com, 720-504-6453

Laurie Marcellin, LPC (License # 15155)

Education: Colorado Christian University (2016)

Frequently works with: Teens, young adults, adults, couples, LGBTQ+

Specialties: Anxiety, depression, marriage, trauma, grief and loss, attachment trauma,

spiritual abuse/trauma, EMDR, AEDP

Location: Castle Rock

Session Price: \$50 per session indefinitely while clients is still a student

Website: www.encouragetherapy.com

Contact: laurie@encouragetherapy.com, 720-230-3076

Tony Petrelli, LPC, ACS (License #12121) Education: Denver Seminary (2012)

Frequently works with: Adults, couples, and families

Specialties: Marriage, relationship issues, pre-marital, anxiety, depression, trauma, life

transitions, infidelity, divorce, addictions

Location: Highlands Ranch

Price: \$85 per session for up to 10 sessions

Website: equinoxcounselingllc.com

Contact: tony@equinoxcounselingllc.com

Kate Ketchum, LPC

Education: Denver Seminary (2019)

Frequently works with: Adults, young adults, adolescents, children, families, couples Specialties: Adventure Therapy, Play Therapy, IFS (Internal Family Systems); Pre-marital

and marital

Location: Telehealth only

Website: https://www.connectthrivecolorado.com/kateketchum

Contact: kate@connectthrivecolorado.com, 918-606-5990

Katie Brown, LPC

Education: Denver Seminary (2006) Frequently works with: Adults and teens

Specialties: Grief and loss, infertility, burnout, depression, anxiety

Location: Littleton

Session Price: \$100 per session for students with Cigna, United, Aetna, etc.

Website: www.zoecounselinglife.com

Contact: katiebrowncounseling@gmail.com, 303-842-5478

Peter Reither, LPC (License # 12788) Education: Denver Seminary (2013)

Frequently works with: Variety of different populations while working in community mental health (PTSD, schizophrenia, bipolar disorder, anxiety, and depression)

Specialties: EMDR, DBT, schizophrenia and other psychosis

Location: Colorado Springs

Session Price: \$40-95 per session indefinitely while client is still a student

Website: www.reithercounseling.org

Contact: peterreither@reithercounseling.org, 719-208-7094

Nicole Hornstra, LCSW (License # 9928492)

Education: Metropolitan State University of Denver (2020) Frequently works with: Older adolescents (16+) and adults

Specialties: Eating disorders, anxiety, depression, relational stressors, grief and loss, life transitions, having a loved one who has a persistent mental illness or personality disorder, postpartum and pregnancy

Location: Telehealth anytime, in person sessions in Littleton on Tuesdays

Session Price: \$40 - 95 per session indefinitely while client is still a student. Accepts insurance.

Website: www.thetablecounseling.com

Contact: nicolehonstra@thetablecounseling.com, 720-295-2453

Mindy Hoffman, LPC (License # LPC.0020215)

Education: Denver Seminary (2019)

Frequently works with: Adults with eating disorders, body image issues, depression,

anxiety, and trauma

Specialties: EMDR, DBT, CBT, IFS

Location: Telehealth or in person on Tuesday and Wednesday nights

Session Price: \$60 per session while client is still a student (accepts Medicaid)

Website: www.livinginthehotpink.com

Contact: livinginthehotpink@gmail.com, 720-443-0308

Danica Cline, LPC (License # 0018049) Education: Denver Seminary (2019)

Frequently works with: Adults across the lifespan

Specialties: Grief, depression, anxiety, ministry burnout/compassion fatigue, perinatal

and postpartum

Location: Telehealth or in person in Greenwood Village

Session Price: \$40-95 for up to 10 sessions

Website: www.gracecounseling.net

Contact: dcline@gracecounseling.net, 720-489-8555

Leanne DeRemer, LPC (License # 0014385)

Education: Denver Seminary (2015)

Frequently works with: Adults and couples, individuals living in cross-cultural

environments

Specialties: Individuals living or working cross-culturally, young adults, mood

disorders, grief and loss, spiritual and identity formation

Location: Telehealth or in person in Cherry Creek

Session Price: \$40-95 for up to 10 sessions

Contact: leannederemercounseling.com, 720-432-1684

Envision Counseling Clinic

All counselors at the Envision Counseling Clinic offer discounted sessions for Denver Seminary students. The clinic offers a wide variety of counselors including interns, LPCC, LPC, and psychologists.

Location: Telehealth or in person in Centennial, Castle Rock, and Dillon

Session Prices: Interns - \$45

LPCC - \$120

LPC - \$140

Psychologists - \$155

Contact: www.envisionclinic.com, 720-935-2663

Mikey Espegren, LPC (License # LPC.0020533)

Education: Denver Seminary (2021)

Frequently works with: Kids, teenagers, adults with depression, anxiety, ADHD, or

managing life transitions or grief

Specialties: Brainspotting, ADHD, trauma

Location: Telehealth or in person in Lakewood or Denver

Session Price: \$40 - \$95 for up to 10 sessions Website: www.roadsandriverstherapy.com

Contact: mikey@roadsandriverstherapy.com, 303-474-4193

Unlicensed Professionals

A registered psychotherapist is a therapist listed in the State's database and is authorized by law to practice therapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state. A Licensed Professional Counselor Candidate (LPCC) and a Clinical Social Work Candidate (CSWC) must hold a master's degree in their profession and be in the process of completing post-degree supervision.



Cathryn Wright, LPCC (License # 19153)

Education: graduated Denver Seminary in 2021

Frequently works with: Teens, adults, LGBTQ, young women, young men, seniors Specialties: Depression, identity issues, relational trauma, anxiety, self-esteem/self-

worth

Location: Denver

Price: \$60 for first 3 sessions, \$85 after first 3 sessions

Website: www.cathrynwrightcounseling.com

Contact: cathrynwrightcounseling@gmail.com, 720-663-0954

Laura Sharp, LPCC (#18231)

Education: Denver Seminary (2020) Frequently works with: Adults

Specialties: Anxiety and stress, Highly Sensitive Persons (HSP), ADHD, life transitions,

motherhood identity, Christian spirituality

Location: Wash Park

Session Price: \$120 for first 5 sessions Website: www.koseligcounseling.com Contact: laura@koseligcounseling.com

Jean Hess, LPCC (#17788)

Education: Denver Seminary (2020)

Frequently works with: Adults, seniors, young women, single parents

Specialties: Grief and loss, anxiety, life transitions, behavioral issues, relationship issues,

pre-marital, death and dying, trauma

Location: Denver

Price: \$35 - 45 per session up to 10 sessions

Contact: jean@hopelivescounseling.com, 720-669-3308

Mark Allsman, LPCC (License # 0019128)

Education: Colorado Christian University (2021)

Frequently works with: Adults experiencing trauma and anxiety

Specialties: Trauma and anxiety

Location: Telehealth or in person in Lakewood Session Price: \$40-95 for up to 10 sessions

Website: www.alccounseling.com

Contact: mark@alccounseling.com, 720-464-5878

Michelle Jones, LPCC (License # 0022926)

Education: Denver Seminary (2024)

Frequently works with: Adults, both individuals and couples Specialties: Grief and loss, anxiety during life transitions

Location: Telehealth or in person in Parker Session Price: \$40-95 for up to 10 sessions Website: www.mjonescounseling.com

Contact: michellejonescounseling@gmail.com, 720-601-1702

David Hall, LPCC (License # 0022929) Education: Denver Seminary (2024)

Frequently works with: Adults and teens
Specialties: Men's issues, couples, parenting
Location: Telehealth or in person in Arvada
Session Price: \$40-95 for up to 10 sessions
Website: www.davidhallcounseling.com

Contact: david@davidhallcounseling.com, 720-541-9303

Nicole Hunka, LPCC (License # 0020378)

Education: Denver Seminary (2022)

Frequently works with: Adults, both individuals and couples

Specialties: Grief and loss, trauma, OCD, motherhood/fertility, self-esteem, church

hurt, IFS, brainspotting, anxiety

Location: Telehealth or in person in Denver Session Price: \$40-95 for up to 10 sessions Website: www.mydenvertherapy.com

Contact: nicolehunka@mydenvertherapy.com, 720-722-2079

Audra Uht, LPCC (License # 0022448) Education: Denver Seminary (2024)

Frequently works with: Adults, individuals and couples Specialties: CBT, DBT, brainspotting, Germon Method Location: Telehealth or in person in Castle Rock

Session Price: \$40-95 for up to 10 sessions Website: www.audrauhtcounselingcom

Contact: audra@audrauhtcounseling.com, 719-401-1271

Envision Counseling Clinic

All counselors at the Envision Counseling Clinic offer discounted sessions for Denver Seminary students. The clinic offers a wide variety of counselors including interns, LPCC, LPC, and psychologists.

Location: Telehealth or in person in Centennial, Castle Rock, and Dillon

Session Prices: Interns - \$45

LPCC - \$120 LPC - \$140

Psychologists - \$155

Contact: www.envisionclinic.com, 720-935-2663

Christian Counselors of Color

The counselors below may or may not offer a discounted rate to Denver Seminary students at this time, but they have been included for those interested in counseling services with a provider who is a person of color.



Te Anna Brown, LPC (License #15719) Education: Covenant Seminary in 2015

Frequently works with: Adults, adolescents, children

Specialties: Depression, trauma and PTSD, women's issues

Ethnicity: Black and African American and other racial or ethnic background, speaks

Spanish

Location: Aurora

Session Price: \$100-150, sliding scale

Website: https://embracecounselingcares.com

Contact: 720-789-8705

Evan Brown, Registered Psychotherapist, MDiv (Lic #110121)

Education: Covenant Seminary (MDiv)

Frequently works with: Adults, adolescents

Specialties: Spirituality, relationship issues, anxiety

Ethnicity: Black and African American and other racial or ethnic background

Location: Aurora

Session Price: \$80-130, sliding scale

Contact: 303-569-6258

Rossina Schroeer-Santiago, LPC (License #15630)

Education: Argosy University (2017)

Frequently works with: Adults, adolescents

Specialties: Life transitions, depression, behavioral issues

Ethnicity: Black and African American and Latino, speaks Spanish

Location: Denver

Session Price: up to \$120, sliding scale Website: elementofdiscovery.com

Contact: rossina@elementofdiscovery.com, 720-724-9905

Shawna Kaneshiro, LPC (License #16478)

Education: Denver Seminary (2018)

Frequently works with: Adults, couples, young men and women, veterans, military, LGBTQ Specialties: Anxiety, depression, eating disorders, marriage, pre-marital, post-divorce, self-esteem/self-worth, body image, trauma, grief and loss, parenting/co-parenting

Ethnicity: Pacific Islander and Asian

Location: Centennial Session

Price: \$40 per session while client is a student Website: www.spiritofalohacounselingcenter.com

Contact: 720-231-0373, shawna@spiritofalohacounselingcenter.com

Simone Verrone, LPC (License # 11763) Education: Denver Seminary (2010)

Frequently works with: Adults, teens, young women, children/families

Specialties: Trauma, anxiety, childhood abuse, grief & loss, multi/cross-cultural issues,

missionaries Ethnicity: Latina Location: Denver

Session Price: \$40-\$95 per session indefinitely while client is still a student

Website: denvercounselingclinic.com

Contact: simone@denvercounselingclinic.com, 720-432-1551

Counseling Centers and Life Coaches

Caring Heart Counseling

Location: Littleton

Website: http://caringheartcounseling.com/

Accepts Medicaid

LifeStance Health Location: Littleton

Website: https://heartcenteredcounselors.com/

Accepts Medicaid

Hilary Maxwell, Life Direction Coach, LPC (License # 11776)

Education: University of Denver (2011); MA Counseling Psychology, Board Certified Coach,

Board Certified Life Coach, Professional Life Purpose Coach Frequently works with: Teens, adults, couples, young women

Specialties: Marriage, pre-marital, self-esteem, body image, life transitions, goals

Location: Denver

Price: \$60 per session for up to 10 sessions

Website: kineolife.com

Contact: kineolife@gmail.com