Discounted Counseling

Please note the following items:

(1)For the convenience of Denver Seminary students, the Student Life Department provides this list of area counselors/therapists who have indicated to the Seminary that they are willing to offer their services to Seminary students at a reduced cost. In providing this list, Denver Seminary is not giving medical advice, making referrals, or making recommendations about individual area providers included on the list.

(2)Students on Medicaid are required to see only Medicaid providers. It is against federal law for counselors who do not accept Medicaid to see a client on Medicaid. If you are on Medicaid, please see the section specific to Medicaid providers or find a provider here: healthfirstcolorado.com/find-doctors/

(3)Clinical Mental Health Counseling students are required to meet with a counselor as part of their program. This counselor must hold one of the following licenses: LPC, LCSW, LMFT, or Licensed Psychologist. If you are a counseling student, please be aware that you are choosing a provider from this list at your own risk. Please refer to the Personal Formation manual for more information about the Personal Counseling Requirement.

(4)The Seminary encourages students to make their own decisions about whether a provider is a good option for them and can provide the particular services that a student may seek.

(5)The Student Life Department does our best to make sure information is up-to-date, however, information for each individual provider may change without our knowledge – to include pricing information.

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Licensed Professionals

A Licensed Clinical Social Worker (LCSW), a Licensed Marriage and Family Therapist (LMFT), and a Licensed Professional Counselor (LPC) must hold a master's degree in their profession and have at least two years of post-masters supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have at least one year of post-doctoral supervision.

Josiah Greever, LPC, NCC (License #0018151)
Education: Denver Seminary (2019)
Frequently works with: Individuals, Couples, Veterans
Specialties: Trauma (EMDR), Anxiety, Sex/Porn Addiction, Spiritual Issues, Men's Issues, Relationship/Couples Issues
Location: Lakewood
Session Price:$90 while client is still a student (no session limits)
Website: greevercounseling.com
Contact: josiah@greevercounseling.com, (720) 446-8439

Ryan Espinoza, LPC (License #11972)
Education: Denver Seminary (2009)
Frequently works with: Young adults, veterans
Specialties: Anxiety, depression, life transitions, self-esteem, Seminary life
Location: Virtual only
Session Price: $45 per session while client is still a student
Website: ryanespinozacounseling.com
Contact: ryan@ryanespinozacounseling.com, 720-989-1905

Mary Flack, LPC (License #5689)
Education: University of Phoenix (2004)
Frequently works with: Adults, couples, families
Specialties: Anxiety, depression, marriage, pre-marital
Location: Denver
Session Price: $90 per session indefinitely while client is still a student
Website: maryflackcounseling.com
Contact: maryflack7@comcast.net, 303-956-9390

Ashley Gray, LCSW (License #9926910)
Education: Colorado State University (2017)
Frequently works with: Adults, couples
Specialties: Anxiety, pre-marital, trauma/EMDR, people pleasing, emotionally avoidant, attachment work
Location: Arvada
Price: $90 per session
Website: www.empoweredtherapycolorado.com
Contact: ashley@empoweredtherapycolorado.com, 828-771-6428

Lindsey Harrell, LPC (License #14262)
Education: Denver Seminary (2015)
Frequently works with: Children and adults
Specialties: Trauma and abuse, EMDR, anxiety, depression, self-esteem
Location: Denver
Price: $75 per session indefinitely while client is still a student
Website: www.cohesionwellness.com
Contact: lindsey@cohesionwellness.com, 720-767-3277

David Hay, LPC, MDiv (License #572)
Education: Oral Roberts University (1992)
Frequently works with: Teens, adults, couples, families
Specialties: Anxiety, depression, marriage, premarital, post-divorce, trauma, grief & loss
Location: Highlands Ranch
Price: $70 per session, accepts forms of insurance
Website: centus.org
Contact: dhay@centus.org, 303-699-6634

Kim Jones, LPC (License # 5428)
Education: University of Colorado (1997)
Frequently works with: Adults, couples
Specialties: Relationships, anxiety, depression, grief, trauma, pre-marital, post-divorce, parenting
Location: Littleton
Session Price: $40-95 per session for up to 10 sessions
Website: directivescounseling.com
Contact: Kim@directivescounseling.com

Emily Kahn, LPC, LAC (LPC #15258, LAC #1098)
Education: Denver Seminary (2016)
Frequently works with: Adults, college age, emerging adults, young professionals, women
Specialties: Anxiety, stress, spirituality, life transitions, addiction, women's issues
Location: Mainly available virtually, occasionally available in Parker
Price: $35 for up to 10 sessions
Website: threefoldcounselingco.com
Contact: threefoldcounseling@gmail.com, 303-416-5141

Allison Lenhart, LPC (License #13660)
Education: Denver Seminary (2014)
Frequently works with: College students, adults, parents, women, young women
Specialties: Anxiety, depression, self-esteem/self-worth, trauma, childhood abuse, parent coaching
Location: Denver
Price: $30 - 50 per session while client is still a student if student is insured
Contact: alenhart.counseling@gmail.com, 720-504-6453

Laurie Marcellin, LPC (License # 15155)
Education: Colorado Christian University (2016)
Frequently works with: Teens, young adults, adults, couples, LGBTQ+
Specialties: Anxiety, depression, marriage, trauma, grief and loss, attachment trauma, spiritual abuse/trauma, EMDR, AEDP
Location: Castle Rock
Session Price: $50 per session indefinitely while clients is still a student
Website: www.encouragetherapy.com
Contact: laurie@encouragetherapy.com, 720-230-3076

Tony Petrelli, LPC, ACS (License #12121)
Education: Denver Seminary (2012)
Frequently works with: Adults, couples, and families
Specialties: Marriage, relationship issues, pre-marital, anxiety, depression, trauma, life transitions, infidelity, divorce, addictions
Location: Highlands Ranch
Price: $85 per session for up to 10 sessions
Website: equinoxcounselingllc.com
Contact: tony@equinoxcounselingllc.com

Kate Ketchum, LPC
Education: Denver Seminary (2019)
Frequently works with: Adults, young adults, adolescents, children, families, couples
Specialties: Adventure Therapy, Play Therapy, IFS (Internal Family Systems); Pre-marital and marital
Location: Telehealth only
Website: https://www.connectthrivecolorado.com/kateketchum
Contact: kate@connectthrivecolorado.com, 918-606-5990

Katie Brown, LPC
Education: Denver Seminary (2006)
Frequently works with: Adults and teens
Specialties: Grief and loss, infertility, burnout, depression, anxiety
Location: Littleton
Session Price: $100 per session for students with Cigna, United, Aetna, etc.
Website: www.zoecounselinglife.com
Contact: katiebrowncounseling@gmail.com, 303-842-5478

Peter Reither, LPC (License # 12788)
Education: Denver Seminary (2013)
Frequently works with: Variety of different populations while working in community mental health (PTSD, schizophrenia, bipolar disorder, anxiety, and depression)
Specialties: EMDR, DBT, schizophrenia and other psychosis
Location: Colorado Springs
Session Price: $40-95 per session indefinitely while client is still a student
Website: www.reithercounseling.org
Contact: peterreither@reithercounseling.org, 719-208-7094

Nicole Hornstra, LCSW (License # 9928492)
Education: Metropolitan State University of Denver (2020)
Frequently works with: Older adolescents (16+) and adults
Specialties: Eating disorders, anxiety, depression, relational stressors, grief and loss, life transitions, having a loved one who has a persistent mental illness or personality disorder, postpartum and pregnancy
Location: Telehealth anytime, in person sessions in Littleton on Tuesdays
Session Price: $40 - 95 per session indefinitely while client is still a student. Accepts insurance.
Website: www.thetablecounseling.com
Contact: nicolehonstra@thetablecounseling.com, 720-295-2453

Mindy Hoffman, LPC (License # LPC.0020215)
Education: Denver Seminary (2019)
Frequently works with: Adults with eating disorders, body image issues, depression, anxiety, and trauma
Specialties: EMDR, DBT, CBT, IFS
Location: Telehealth or in person on Tuesday and Wednesday nights
Session Price: $60 per session while client is still a student (accepts Medicaid)
Website: www.livinginthehotpink.com
Contact: livinginthehotpink@gmail.com, 720-443-0308

Danica Cline, LPC (License # 0018049)
Education: Denver Seminary (2019)
Frequently works with: Adults across the lifespan
Specialties: Grief, depression, anxiety, ministry burnout/compassion fatigue, perinatal and postpartum
Location: Telehealth or in person in Greenwood Village
Session Price: $40-95 for up to 10 sessions
Website: www.gracecounseling.net
Contact: dcline@gracecounseling.net, 720-489-8555

Leanne DeRemer, LPC (License # 0014385)
Education: Denver Seminary (2015)
Frequently works with: Adults and couples, individuals living in cross-cultural environments
Specialties: Individuals living or working cross-culturally, young adults, mood disorders, grief and loss, spiritual and identity formation
Location: Telehealth or in person in Cherry Creek
Session Price: $40-95 for up to 10 sessions
Contact: leannederemercounseling.com, 720-432-1684

Envision Counseling Clinic
All counselors at the Envision Counseling Clinic offer discounted sessions for Denver Seminary students. The clinic offers a wide variety of counselors including interns, LPCC, LPC, and psychologists.
Location: Telehealth or in person in Centennial, Castle Rock, and Dillon
Session Prices: Interns - $45
LPCC - $120
LPC - $140
Psychologists - $155
Contact: www.envisionclinic.com, 720-935-2663

Mikey Espegren, LPC (License # LPC.0020533)
Education: Denver Seminary (2021)
Frequently works with: Kids, teenagers, adults with depression, anxiety, ADHD, or managing life transitions or grief
Specialties: Brainspotting, ADHD, trauma
Location: Telehealth or in person in Lakewood or Denver
Session Price: $40 - $95 for up to 10 sessions
Website: www.roadsandriverstherapy.com
Contact: mikey@roadsandriverstherapy.com, 303-474-4193

Melissa Fuller, LPC (License # LPC.0022338)
Education: Denver Seminary (2023)
Frequently works with: Adults, childen, couples, families
Specialties: PTSD, first responders/military, Christian community, grief and loss, relationship conflict, and student concerns
Location: Telehealth or in person in Lakewood
Session Price: $50 for up to 10 sessions, followed by a flexible sliding scale
Website: www.thegatheringrelationshipcenter.com
Contact: melissafuller@thegatheringrelationshipcenter.com, 720-326-3257

Anne Cramer, LPC (License # LPC.0021033)
Education: Denver Seminary (2021)
Frequently works with: Adults
Specialties: Addiction, PTSD, depression, anxiety, suicidal ideation
Location: Telehealth or in person in Colorado Springs and Littleton
Session Price: $35 for up to 10 sessions
Website: www.psychologytoday.com/us/therapists/anne-cramer-littleton-co/1472485
Contact: anne@mountainsandvalleyscounseling.com, 720-295-0879

Ellen Schmitz, LPC (License # LPC.0023300)
Education: Denver Seminary (2023)
Frequently works with: Adults, couples, adolescents, children
Specialties: Adoptees and adoptive families, clients with functional neurological symptoms, family issues, neurodiversity, anxiety, OCD, and trauma
Location: Telehealth or in person in Centennial
Session Price: $35 for up to 10 sessions, followed by a flexible sliding scale
Website: www.sdenvercounseling.com
Contact: ellen@sdenvercounseling.com, 303-351-1097

Alison Blunk, LPC (License # LPC.0024494)
Education: Denver Seminary (2024)
Frequently works with: Adults
Specialties: Brainspotting, disordered eating, anxiety, depression, career burnout, complex trauma, life transition, cross cultural transition, singleness,
Location: Telehealth or in person in Littleton
Session Price: $120-$145
Website: www.alisonblunkcounseling.com
Contact: alison@alisonblunkcounseling.com, 720-443-4752

Unlicensed Professionals

A registered psychotherapist is a therapist listed in the State's database and is authorized by law to practice therapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state. A Licensed Professional Counselor Candidate (LPCC) and a Clinical Social Work Candidate (CSWC) must hold a master's degree in their profession and be in the process of completing post-degree supervision.

Cathryn Wright, LPCC (License # 19153)
Education: graduated Denver Seminary in 2021
Frequently works with: Teens, adults, LGBTQ, young women, young men, seniors
Specialties: Depression, identity issues, relational trauma, anxiety, self-esteem/self-worth
Location: Denver
Price: $60 for first 3 sessions, $85 after first 3 sessions
Website: www.cathrynwrightcounseling.com
Contact: cathrynwrightcounseling@gmail.com, 720-663-0954

Laura Sharp, LPCC (#18231)
Education: Denver Seminary (2020)
Frequently works with: Adults
Specialties: Anxiety and stress, Highly Sensitive Persons (HSP), ADHD, life transitions, motherhood identity, Christian spirituality
Location: Wash Park
Session Price: $120 for first 5 sessions
Website: www.koseligcounseling.com
Contact: laura@koseligcounseling.com

Jean Hess, LPCC (#17788)
Education: Denver Seminary (2020)
Frequently works with: Adults, seniors, young women, single parents
Specialties: Grief and loss, anxiety, life transitions, behavioral issues, relationship issues, pre-marital, death and dying, trauma
Location: Denver
Price: $35 - 45 per session up to 10 sessions
Contact: jean@hopelivescounseling.com, 720-669-3308

Mark Allsman, LPCC (License # 0019128)
Education: Colorado Christian University (2021)
Frequently works with: Adults experiencing trauma and anxiety
Specialties: Trauma and anxiety
Location: Telehealth or in person in Lakewood
Session Price: $40-95 for up to 10 sessions
Website: www.alccounseling.com
Contact: mark@alccounseling.com, 720-464-5878

Michelle Jones, LPCC (License # 0022926)
Education: Denver Seminary (2024)
Frequently works with: Adults, both individuals and couples
Specialties: Grief and loss, anxiety during life transitions
Location: Telehealth or in person in Parker
Session Price: $40-95 for up to 10 sessions
Website: www.mjonescounseling.com
Contact: michellejonescounseling@gmail.com, 720-601-1702

David Hall, LPCC (License # 0022929)
Education: Denver Seminary (2024)
Frequently works with: Adults and teens
Specialties: Men's issues, couples, parenting
Location: Telehealth or in person in Arvada
Session Price: $40-95 for up to 10 sessions
Website: www.davidhallcounseling.com
Contact: david@davidhallcounseling.com, 720-541-9303

Nicole Hunka, LPCC (License # 0020378)
Education: Denver Seminary (2022)
Frequently works with: Adults, both individuals and couples
Specialties: Grief and loss, trauma, OCD, motherhood/fertility, self-esteem, church hurt, IFS, brainspotting, anxiety
Location: Telehealth or in person in Denver
Session Price: $40-95 for up to 10 sessions
Website: www.mydenvertherapy.com
Contact: nicolehunka@mydenvertherapy.com, 720-722-2079

Audra Uht, LPCC (License # 0022448)
Education: Denver Seminary (2024)
Frequently works with: Adults, individuals and couples
Specialties: CBT, DBT, brainspotting, Germon Method
Location: Telehealth or in person in Castle Rock
Session Price: $40-95 for up to 10 sessions
Website: www.audrauhtcounselingcom
Contact: audra@audrauhtcounseling.com, 719-401-1271

Envision Counseling Clinic
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Location: Telehealth or in person in Centennial, Castle Rock, and Dillon
Session Prices: Interns - $45
LPCC - $120
LPC - $140
Psychologists - $155
Contact: www.envisionclinic.com, 720-935-2663

Esther Wilkinson, LPCC (License # 0025090)
Education: Denver Seminary (2026)
Frequently works with: Adults, adolescents, children
Specialties: Trauma, grief, anxiety, ADHD, religious trauma, depression, life transition, solo adulting, loneliness
Location: Telehealth or in person in Littleton
Session Price: Varies based on whether a client is paying via insurance, Medicaid, or out of pocket
Website: www.lifeguardcounselingcom
Contact: esther@lifeguardcounseling.com, 720-673-5815

Christian Counselors of Color

The counselors below may or may not offer a discounted rate to Denver Seminary students at this time, but they have been included for those interested in counseling services with a provider who is a person of color.

Te Anna Brown, LPC (License #15719)
Education: Covenant Seminary in 2015
Frequently works with: Adults, adolescents, children
Specialties: Depression, trauma and PTSD, women's issues
Ethnicity: Black and African American and other racial or ethnic background, speaks Spanish
Location: Aurora
Session Price: $100-150, sliding scale
Website: https://embracecounselingcares.com
Contact: 720-789-8705

Evan Brown, Registered Psychotherapist, MDiv (Lic #110121)
Education: Covenant Seminary (MDiv)
Frequently works with: Adults, adolescents
Specialties: Spirituality, relationship issues, anxiety
Ethnicity: Black and African American and other racial or ethnic background
Location: Aurora
Session Price: $80-130, sliding scale
Contact: 303-569-6258

Rossina Schroeer-Santiago, LPC (License #15630)
Education: Argosy University (2017)
Frequently works with: Adults, adolescents
Specialties: Life transitions, depression, behavioral issues
Ethnicity: Black and African American and Latino, speaks Spanish
Location: Denver
Session Price: up to $120, sliding scale
Website: elementofdiscovery.com
Contact: rossina@elementofdiscovery.com, 720-724-9905

Shawna Kaneshiro, LPC (License #16478)
Education: Denver Seminary (2018)
Frequently works with: Adults, couples, young men and women, veterans, military, LGBTQ
Specialties: Anxiety, depression, eating disorders, marriage, pre-marital, post-divorce, self-esteem/self-worth, body image, trauma, grief and loss, parenting/co-parenting
Ethnicity: Pacific Islander and Asian
Location: Centennial Session
Price: $40 per session while client is a student
Website: www.spiritofalohacounselingcenter.com
Contact: 720-231-0373, shawna@spiritofalohacounselingcenter.com

Simone Verrone, LPC (License # 11763)
Education: Denver Seminary (2010)
Frequently works with: Adults, teens, young women, children/families
Specialties: Trauma, anxiety, childhood abuse, grief & loss, multi/cross-cultural issues, missionaries
Ethnicity: Latina
Location: Denver
Session Price: $40-$95 per session indefinitely while client is still a student
Website: denvercounselingclinic.com
Contact: simone@denvercounselingclinic.com, 720-432-1551

Cindy Gao, LPCC (License # LPCC.0025333)
Education: Denver Seminary (2026)
Frequently works with: Young adults, graduate students, working professionals, moms, 1st and 2nd generation immigrants
Specialties: Psychodynamic therapy, longstanding personality/relational issues, identity struggles, family dynamics
Location: Telehealth or in person in Greenwood Village
Session Price: $60-$90 for a 50 minute session
Website: www.gracecounseling.net/therapists/cindy-gao
Contact: cgao@gracecounseling.net, 720-794-8488

Counseling Centers and Life Coaches

Caring Heart Counseling
Location: Littleton
Website: http://caringheartcounseling.com/
Accepts Medicaid

LifeStance Health
Location: Littleton
Website: https://heartcenteredcounselors.com/
Accepts Medicaid

Hilary Maxwell, Life Direction Coach, LPC (License # 11776)
Education: University of Denver (2011); MA Counseling Psychology, Board Certified Coach, Board Certified Life Coach, Professional Life Purpose Coach
Frequently works with: Teens, adults, couples, young women
Specialties: Marriage, pre-marital, self-esteem, body image, life transitions, goals
Location: Denver
Price: $60 per session for up to 10 sessions
Website: kineolife.com
Contact: kineolife@gmail.com