# Discounted Counseling

#### Please note the following items:

(1)For the convenience of Denver Seminary students, the Student Life Department provides this list of area counselors/therapists who have indicated to the Seminary that they are willing to offer their services to Seminary students at a reduced cost. In providing this list, Denver Seminary is not giving medical advice, making referrals, or making recommendations about individual area providers included on the list.

(2)Students on Medicaid are required to see only Medicaid providers. It is against federal law for counselors who do not accept Medicaid to see a client on Medicaid. If you are on Medicaid, please see the section specific to Medicaid providers or find a provider here: healthfirstcolorado.com/find-doctors/

(3)Clinical Mental Health Counseling students are required to meet with a counselor as part of their program. This counselor must hold one of the following licenses: LPC, LCSW, LMFT, or Licensed Psychologist. If you are a counseling student, please be aware that you are choosing a provider from this list at your own risk. Please refer to the Personal Formation manual for more information about the Personal Counseling Requirement.

(4)The Seminary encourages students to make their own decisions about whether a provider is a good option for them and can provide the particular services that a student may seek.

(5)The Student Life Department does our best to make sure information is up-to-date, however, information for each individual provider may change without our knowledge – to include pricing information. Table of Contents

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## Licensed Professionals

A Licensed Clinical Social Worker (LCSW), a Licensed Marriage and Family Therapist (LMFT), and a Licensed Professional Counselor (LPC) must hold a master's degree in their profession and have at least two years of post-masters supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have at least one year of post-doctoral supervision.

Josiah Greever, LPC, NCC (License #0018151) Education: Denver Seminary (2019) Frequently works with: Individuals, Couples, Veterans Specialties: Trauma (EMDR), Anxiety, Sex/Porn Addiction, Spiritual Issues, Men's Issues, Relationship/Couples Issues Location: Lakewood Session Price: \$60 - \$90 while client is still a student (no session limits) Website: greevercounseling.com Contact: josiah@greevercounseling.com, (720) 446-8439

Lynnette Cooper, LPC (License #12212) Education: Denver Seminary (2011), Denver Family Institute (2013) Frequently works with: Women, couples Specialties: anxiety, depression, marriage, pre-marital, post-divorce, self-esteem, childhood abuse, grief and loss Location: Denver Tech Center Session Price: \$60 per 50 minute session indefinitely while client is still a student Website: lynnettecooper.com Contact: coopnettie@comcast.net, 303-549-7506

Ryan Espinoza, LPC (License #11972) Education: Denver Seminary (2009) Frequently works with: Young adults, veterans Specialties: Anxiety, depression, life transitions, self-esteem, Seminary life Location: Lakewood Session Price: \$40 per session while client is still a student Website: ryanespinozacounseling.com Contact: ryan@ryanespinozacounseling.com, 720-989-1905 Mary Flack, LPC (License #5689) Education: University of Phoenix (2004) Frequently works with: Adults, couples, families Specialties: Anxiety, depression, marriage, pre-marital Location: Littleton Session Price: \$40-95 per session indefinitely while client is still a student Website: maryflackcounseling.com Contact: maryflack7@comcast.net, 303-956-9390

Ashley Gray, LCSW (License #9926910) Education: Colorado State University (2017) Frequently works with: Adults, couples Specialties: Anxiety, pre-marital, former athletes, people pleasing, emotionally unavailable Location: Arvada Price: \$40-95 for up to 10 sessions Website: www.empoweredtherapycolorado.com Contact: ashley@empoweredtherapycolorado.com, 828-771-6428

Lindsey Harrell, LPC (License #14262) Education: Denver Seminary (2015) Frequently works with: Children, teens, adults Specialties: Trauma and abuse, anxiety, depression, self-esteem Location: Denver Price: \$40 per session indefinitely while client is still a student Website: www.cohesionwellness.com Contact: lindsey@cohesionwellness.com, 720-767-3277

David Hay, LPC, MDiv (License #572) Education: Oral Roberts University (1992) Frequently works with: Teens, adults, couples, families Specialties: Anxiety, depression, marriage, premarital, post-divorce, trauma, grief & loss Location: Highlands Ranch Price: \$50 for up to 10 sessions Website: centus.org Contact: dhay@centus.org, 303-699-6634 Kim Jones, LPC (License # 5428) Education: University of Colorado (1997) Frequently works with: Adults, couples Specialties: Relationships, anxiety, depression, grief, trauma, pre-marital, post-divorce, parenting Location: Littleton Session Price: \$40-95 per session for up to 10 sessions Website: directivescounseling.com Contact: Kim@directivescounseling.com

Emily Kahn, LPC, LAC (LPC #15258, LAC #1098) Education: Denver Seminary (2016) Frequently works with: Adults, college age, emerging adults, young professionals, women Specialties: Anxiety, stress, spirituality, life transitions, addiction, women's issues Location: Parker Price: \$35 for up to 10 sessions Website: threefoldcounselingco.com Contact: threefoldcounseling@gmail.com, 303-416-5141

Allison Lenhart, LPC (License #13660) Education: Denver Seminary (2014) Frequently works with: College students, adults, parents, women, young women Specialties: Anxiety, depression, self-esteem/self-worth, trauma, childhood abuse, parent coaching Location: Denver Price: \$75 per session while client is still a student Contact: alenhart.counseling@gmail.com, 720-504-6453

Laurie Marcellin, LPC (License # 15155) Education: Colorado Christian University (2016) Frequently works with: Teens, young adults, adults, couples, LGBTQ+ Specialties: Anxiety, depression, marriage, trauma, grief and loss, attachment trauma, spiritual abuse/trauma, EMDR, AEDP Location: Castle Rock Session Price: \$50 per session indefinitely while clients is still a student Website: www.encouragetherapy.com Contact: laurie@encouragetherapy.com, 720-230-3076 Tony Petrelli, LPC (License #12121) Education: Denver Seminary (2012) Frequently works with: Adults, couples, and families Specialties: Marriage, relationship issues, pre-marital, anxiety, depression, trauma, life transitions, infidelity, divorce, addictions Location: Highlands Ranch Price: \$85 per session for up to 10 sessions Website: equinoxcounselingllc.com Contact: tony@equinoxcounselingllc.com

Patti Schramm, LCSW (License #2141) Education: University of Houston (1986) Frequently works with: Adults, couples Specialties: Anxiety, depression, grief & loss, conflict resolution, pre-marital, spiritually integrated psychotherapy Location: Denver Website: centus.org Contact: pchramm@centus.org, 720-666-1511 \*Accepts Medicaid\*

Jodi Top, LCSW (License # 325) Education: University of Denver (1999) Frequently works with: Adolescents, adults, families Specialties: Anxiety, depression, self-injury, trauma, childhood abuse, missionary care, grief and loss, self-discovery Location: Lakewood Session Price: \$40-95 per session indefinitely while client is still a student Website: jodi-top.clientsecure.me Contact: 303-709-9370

Kate Ketchum, LPC Education: Denver Seminary (2019) Frequently works with: Adults, young adults, adolescents, children, families, couples Specialties: Adventure Therapy, Play Therapy, IFS (Internal Family Systems); Pre-marital and marital Location: Telehealth only Website: https://www.connectthrivecolorado.com/kateketchum Contact: kate@connectthrivecolorado.com, 918-606-5990 Katie Brown, LPC Education: Denver Seminary (2006) Frequently works with: Adults and teens Specialties: Grief and loss, infertility, burnout, depression, anxiety Location: Littleton Website: www.zoecounselinglife.com Contact: katiebrowncounseling@gmail.com, 303-842-5478

Peter Reither, LPC (License # 12788) Education: Denver Seminary (2013) Frequently works with: Variety of different populations while working in community mental health (PTSD, schizophrenia, bipolar disorder, anxiety, and depression) Specialties: EMDR, DBT, schizophrenia and other psychosis Location: Colorado Springs Session Price: \$40-95 per session indefinitely while client is still a student Website: www.reithercounseling.org Contact: peterreither@reithercounseling.org, 719-208-7094

Nicole Hornstra, LCSW (License # 9928492) Education: Metropolitan State University of Denver (2020) Frequently works with: Older adolescents (16+) and adults Specialties: Eating disorders, anxiety, depression, relational stressors, grief and loss, life transitions, having a loved one who has a persistent mental illness or personality disorder Location: Telehealth anytime, in person sessions in Littleton on Tuesdays Session Price: \$40 - 95 per session indefinitely while client is still a student Website: www.thetablecounseling.com Contact: nicolehonstra@thetablecounseling.com, 720-295-2453

### **Unlicensed Professionals**

A registered psychotherapist is a therapist listed in the State's database and is authorized by law to practice therapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state. A Licensed Professional Counselor Candidate (LPCC) and a Clinical Social Work Candidate (CSWC) must hold a master's degree in their profession and be in the process of completing post-degree supervision.



Cathryn Wright, LPCC (License # 19153) Education: graduated Denver Seminary in 2021 Frequently works with: Teens, adults, LGBTQ, young women, young men, seniors Specialties: Depression, identity issues, relational trauma, anxiety, self-esteem/selfworth Location: Denver Price: \$60 for first 3 sessions, \$85 after first 3 sessions Website: www.cathrynwrightcounseling.com

Contact: cathrynwrightcounseling@gmail.com, 720-663-0954

Laura Sharp, LPCC (#18231) Education: Denver Seminary (2020) Frequently works with: Adults, pre-marital Specialties: Anxiety and stress, life transitions, emotional regulation, faith and spirituality, depression, perinatal, career Location: Wash Park Session Price: \$80 for first 5 sessions Website: www.koseligcounseling.com Contact: laura@koseligcounseling.com

Wouter Roos, LPCC Education: Denver Seminary (2018) Frequently works with: Couples, adults, young adults, veterans Specialties: Marital, pre-marital, sex and pornography addictions, life transitions, anxiety, identity, general faith issues Location: Denver Session Price: \$35 per session while client is a student Website: www.innerworkcounseling.co Contact: wouter@innercounseling.co, 970-703-6791 Jean Hess, LPCC (#17788) Education: Denver Seminary (2020) Frequently works with: Adults, seniors, young women, single parents Specialties: Grief and loss, anxiety, life transitions, behavioral issues, relationship issues, pre-marital, death and dying, trauma Location: Denver Price: \$35 per session while client is still a student Contact: jean@hopelivescounseling.com, 720-669-3308

Kelly Albers, LPCC Education: University of Central Florida (2015) Frequently works with: Adults, families, young adults, adolescents Specialties: Grief and loss, anxiety, life transitions, trauma, self-esteem, childhood abuse, careers, EMDR Location: Denver Price: \$80 per session for up to 10 sessions Website: www.mydenvertherapy.com Contact: kacounselingco@gmail.com, 720-828-2129

Anne Rimmer, LPCC Education: Denver Seminary (2021) Frequently works with: Adults, teens, couples, LGBTQ Specialties: Anxiety, depression, marital, pre-marital, life transitions, ADHD Location: Denver Price: \$35 per session for up to 10 sessions Website: https://risusfree.wordpress.com Contact: ann.risus@gmail.com, 720-312-8150

#### **Christian Counselors of Color**

The counselors below may or may not offer a discounted rate to Denver Seminary students at this time, but they have been included for those interested in counseling services with a provider who is a person of color.

Te Anna Brown, LPC (License #15719) Education: Covenant Seminary in 2015 Frequently works with: Adults, adolescents, children Specialties: Depression, trauma and PTSD, women's issues Ethnicity: Black and African American and other racial or ethnic background, speaks Spanish Location: Aurora Session Price: \$100-150, sliding scale Website: https://embracecounselingcares.com Contact: 720-789-8705

Evan Brown, Registered Psychotherapist, MDiv (Lic #110121) Education: Covenant Seminary (MDiv) Frequently works with: Adults, adolescents Specialties: Spirituality, relationship issues, anxiety Ethnicity: Black and African American and other racial or ethnic background Location: Aurora Session Price: \$80-130, sliding scale Contact: 303-569-6258

Jasmine Crane, LPC (License #12698) Education: University of Colorado Denver (2013) Frequently works with: Adults, adolescents Specialties: Eating disorders, borderline personality disorder, coping skills Ethnicity: Black and African American and other racial or ethnic background Location: Centennial Session Price: \$140-200 Website: transcendentcounseling.com Contact: 866-632-1865 Tarsha Degay, LPCC (License #15311) Education: Colorado Christian University (2016) Frequently works with: Adults, adolescents, children Specialties: Trauma and PTSD, life transitions, chronic illness Ethnicity: Black and African American and other racial or ethnic background Location: Denver Session Price: \$90-100, sliding scale Contact: 833-950-1920

Rossina Schroeer-Santiago, LPC (License #15630) Education: Argosy University (2017) Frequently works with: Adults, adolescents Specialties: Life transitions, depression, behavioral issues Ethnicity: Black and African American and Latino, speaks Spanish Location: Denver Session Price: up to \$120, sliding scale Website: elementofdiscovery.com Contact: rossina@elementofdiscovery.com, 720-724-9905

Amber Smith, LPC (License #12838) Frequently works with: Adults, adolescents, children Specialties: Trauma and PTSD, racial identity Ethnicity: Black and African American Location: Denver Session Price: \$90-120, sliding scale Contact: 720-586-4683

Shawna Kaneshiro, LPC (License #16478) Education: Denver Seminary (2018) Frequently works with: Adults, couples, young men and women, veterans, military, LGBTQ Specialties: Anxiety, depression, eating disorders, marriage, pre-marital, post-divorce, self-esteem/self-worth, body image, trauma, grief and loss, parenting/co-parenting Ethnicity: Pacific Islander and Asian Location: Centennial Session Price: \$40 per session while client is a student Website: www.spiritofalohacounselingcenter.com Contact: 720-231-0373, shawna@spiritofalohacounselingcenter.com Simone Verrone, LPC (License # 11763) Education: Denver Seminary (2010) Frequently works with: Adults, teens, young women, children/families Specialties: Trauma, anxiety, childhood abuse, grief & loss, multi/cross-cultural issues, missionaries Ethnicity: Latina Location: Denver Session Price: \$40-\$95 per session indefinitely while client is still a student Website: denvercounselingclinic.com Contact: simone@denvercounselingclinic.com, 720-432-1551

#### **Counseling Centers and Life Coaches**

Caring Heart Counseling Location: Littleton Website: http://caringheartcounseling.com/ \*Accepts Medicaid\*

LifeStance Health Location: Littleton Website: https://heartcenteredcounselors.com/ \*Accepts Medicaid\*

Hilary Maxwell, Life Direction Coach, LPC (License # 11776) Education: University of Denver (2011); MA Counseling Psychology, Board Certified Coach, Board Certified Life Coach, Professional Life Purpose Coach Frequently works with: Teens, adults, couples, young women Specialties: Marriage, pre-marital, self-esteem, body image, life transitions, goals Location: Denver Price: \$60 per session for up to 10 sessions Website: kineolife.com Contact: kineolife@gmail.com